

Our PrEP and sexual health team can help you with...

- Confidential testing for HIV and other STIs (chlamydia, gonorrhea, and syphilis)
- Medications for HIV prevention (PrEP)
- Coordination, support, and services in accessing and remaining in PrEP care
- Testing, treatment, and vaccines for hepatitis A and B
- Testing and treatment for hepatitis C
- Sexual health education, free condoms, and personal lubricant packets

Help prevent HIV



Use condoms when having vaginal, anal, or oral sex



Use clean needles and injection supplies when injecting drugs



Know your HIV status

You cannot get HIV by donating blood or through casual contact such as kissing, hugging, or shaking hands

International District Medical Clinic

720 8th Ave S
Seattle, WA 98104
206.788.3700

Holly Park Medical Clinic

3815 S Othello St
Seattle, WA 98118
206.788.3500

Bellevue Medical Clinic

1050 140th Ave NE
Bellevue, WA 98005
425.373.3000

Shoreline Medical Clinic

16549 Aurora Ave N
Shoreline, WA 98133
206.533.2600

Want to start PrEP? Interested in our other sexual health services? Please email healtheducation@ichs.com

ichs.com/prep



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ATTENTION: Language assistance services are available to you free of charge. Call 1-206-788-3700 (TTY: 1-206-788-3774).



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PrEP and Sexual Health Services

From a medical team you can trust



ICHS | International Community Health Services

What is PrEP?

PrEP (pre-exposure prophylaxis) is the only medication that can reduce your chance of getting HIV from sex or injection drug use.

When taken daily, PrEP is up to 99% effective in preventing HIV. Full protection begins after two weeks.

PrEP only protects against HIV. You still have to use condoms to protect against other sexually transmitted infections (STIs).



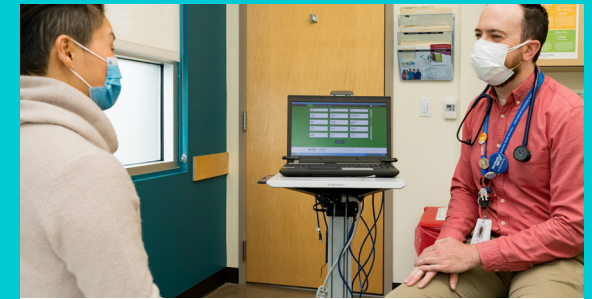
Do you need PrEP?

PrEP is for individuals at high risk for HIV. Anyone who fits the following criteria may be at risk for HIV:

- Men who have sex with men
- People who use injection drugs
- People who have more than one sexual partner
- People who don't always use condoms when having sex



Our mission at ICHS is to provide you with easy access to PrEP and sexual health services. We firmly believe that everyone has the right to affordable, complete, and confidential HIV/STI testing, treatment, and PrEP services.



Starting PrEP

Schedule a visit with your primary care provider to see if you're a candidate for PrEP. Your provider will run labs to determine if your kidneys and liver are functioning properly to begin PrEP. Your provider will also screen for STIs.

People who use PrEP should take the medication daily and see their provider every three months for follow-up testing and refills.

Paying for PrEP

Most health insurance plans, including all Washington Medicaid plans (Apple Health), fully cover PrEP for HIV prevention. Additional financial assistance is available for people without insurance or who have high co-pays.

If you do not have health insurance, our patient educator can help you find the right financial assistance to get on PrEP.